

Getting Started

1. Do you regularly observe the Sabbath each week?
2. Why are people always striving after more? What is enough?
3. Do you struggle with trusting that God will provide for you?
4. What insight, principle, or observation from this weekend's sermon did you find to be most helpful, eye-opening, or troubling? Explain.

Digging Deeper

5. Heidelberg Catechism Q&A 103:

Q. What is God's will for you in the fourth commandment?

A. First, that the gospel ministry and education for it be maintained,¹ and that, especially on the festive day of rest, I diligently attend the assembly of God's people² to learn what God's Word teaches,³ to participate in the sacraments,⁴ to pray to God publicly,⁵ and to bring Christian offerings for the poor.⁶

Second, that every day of my life I rest from my evil ways, let the Lord work in me through his Spirit, and so begin in this life the eternal Sabbath.⁷

¹ Deut. 6:4-9, 20-25; 1 Cor. 9:13-14; 2 Tim. 2:2; 3:13-17; Titus 1:5 ² Deut. 12:5-12; Ps. 40:9-10; 68:26; Acts 2:42-47; Heb. 10:23-25 ³ Rom. 10:14-17; 1 Cor. 14:31-32; 1 Tim. 4:13 ⁴ 1 Cor. 11:23-25 ⁵ Col. 3:16; 1 Tim. 2:1 ⁶ Ps. 50:14; 1 Cor. 16:2; 2 Cor. 8-9 ⁷ Isa. 66:23; Heb. 4:9-11

Is this what God had intended for the Sabbath?

6. Was Isaiah talking about the year of Jubilee in Isaiah 61:1-2? Did Jesus say that he himself would usher in the year of Jubilee in Luke 4?
7. Read Exodus 23:10-11. Why would God create a Sabbath year? Would we ever be able to do something like that?
8. In Leviticus 25, God gives a lot of rules regarding the Sabbath year. What is the point of this year?

Application

9. What would I do for a twenty-four-hour period of time if the only criterion was to pursue my deepest joy?

Bible Reading Questions

May 9 – 2 Samuel 8-9; 1 Chronicles 18 – Why would David get rid of some of his enemies, but not all of them?

May 10 – Psalms 50, 53, 60, 75 – These Psalms speak of God's nearness to his people; do you view God as near or does he seem distant? What are you doing to draw closer to God?

May 11 – 2 Samuel 10; 1 Chronicles 19; Psalm 20 – The books of 1 & 2 Chronicles are repeating a lot of what is in 1 & 2 Samuel and 1 & 2 Kings. Why have them in the Bible?

May 12 – Psalms 65-67, 69-70 – In Psalm 69, David rightly looks for God's approval over the approval of man. Why do we seek approval from people at expense of God?

May 13 – 2 Samuel 11-12; 1 Chronicles 20 – David has almost anything he could want and God says he would have given him even more. Why does David covet Bathsheba? Do you find yourself coveting even though God has blessed you?

May 14 – Psalms 32, 51, 86, 122 – These are Psalms of repentance. Why is repentance an important part of the Christian life? Why are we given settings for some of the Psalms? Does it enhance their meaning?

May 15 – 2 Samuel 13-15 – David does not react to the sin that he sees taking place in his house and there end up being a lot of consequences. Do you find it difficult to respond to sin in your home?

Ross Community Reformed Church

Pastor Shawn Gerbers · May 8th, 2016

Slow Church

“Content”

Moses said, "Eat it today, for today is a Sabbath to the Lord; today you will not find it in the field. Six days you shall gather it, but on the seventh day, which is a Sabbath, there will be none."

Exodus 16:25-26

- **God's people learn the _____ of _____ .**

- **God teaches the Israelites Sabbath _____ and _____ .**

What would I do for a twenty-four-hour period of time if the only criterion was to pursue my deepest joy?

Topics: Enough, Sabbath, rest